

Girl Scout Daisy Sample Meeting 1 (60 minutes)

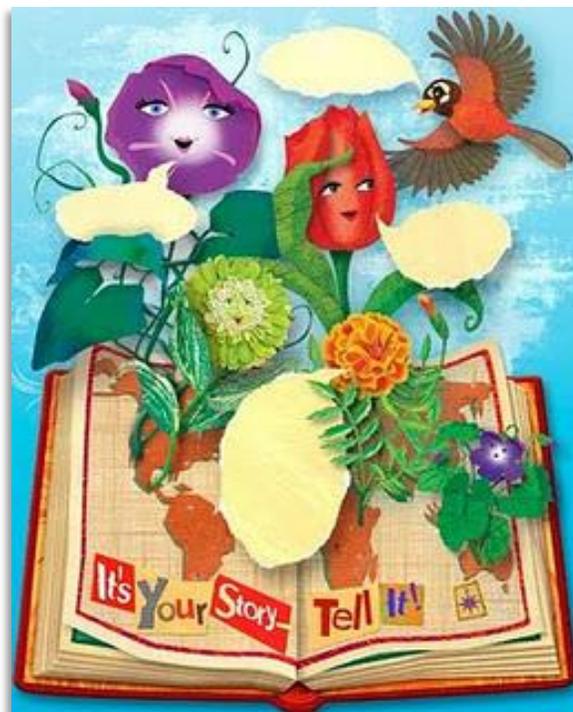
Goal: Daisies identify ways they can care for animals.

- Supplies needed:**
- *5 Flowers, 4 Stories, 3 Cheers for Animals!* Journey adult guide and girl books
 - Garden patches for the Daisy leadership awards, one for each girl
 - Mural-size paper, markers, crayons, glue, and assorted craft material
 - A large sheet of paper for jotting down the girls' ideas
 - Snack (see recipe in girls' book, page 75)
 - Papier mâché materials (see recipe, page 32 of adult guide): shallow bowl or other container, such as a pie tin, and can or clay saucer and pot; colored tissue paper and other decorative materials
 - Girl Scout Promise written on a large paper

<p>Pre-meeting Set-up:</p>	<ul style="list-style-type: none"> • Lay out or hang the paper for the Team Animal Mural. • Prepare materials for the Team Birdbath. If using papier mâché, cover the work space with newspaper or plastic, and set out bowls for starch and paper. • Write the Girl Scout Promise on a large sheet of paper for the Closing Ceremony.
<p>Arrival Activity:</p>	<p>Greet the girls and invite them to explore their book, especially pages 6-7, with the hidden pictures of animals in the garden.</p>
<p>Opening (Start-up):</p>	<p>Gather the girls in a circle and let them know that they are about to begin an exciting Girl Scout journey about caring for animals. Say something like:</p> <ul style="list-style-type: none"> • <i>"A journey is an adventure where you see new places, meet new people, and have lots of fun."</i> • <i>"Our journey, led by beautiful flower friends, begins in the United States."</i> <p>Show the girls the picture of a bald eagle on page 29 of the adult guide and explain that the eagle is the national bird of the United States of America.</p>

	<p>Then ask if anyone knows the meaning of the word “national.” You can offer a simple explanation, such as:</p> <ul style="list-style-type: none"> • <i>“National’ means belonging to a country. The bald eagle is our national bird, just as the Stars and Stripes is our national flag.”</i> <p>Share this fun fact about the bald eagle:</p> <ul style="list-style-type: none"> • <i>Bald eagles build the largest nests of any bird in North America.</i>
<p>Daisy Girl Scout Circle:</p>	<p>Part A: Business: Let the girls know that on this journey they will have a chance to earn three awards that show their special place as leaders in Girl Scouts. Explain that each award will be placed on a colorful garden patch, which they can wear on their Daisy tunic. Then give each girl her garden patch!</p> <p>Part B: Sharing: Ask the girls to take turns introducing themselves and naming one thing they like about animals. Start them off by saying something like, <i>“My name is Ana. I like that my dog loves fetching a ball.”</i></p>
<p>Program Activity:</p>	<p>Option 1: Team Animal Mural</p> <p>Show the Daisies the large sheet of paper and art materials and explain that as they learn about animals on this journey, they’ll team up to place each animal on their Team Animal Mural. Explain what a mural is to the girls.</p> <p>Guide the girls to write “Our Animal Mural” (or another title of their choice) across the top of the mural in large letters. Invite each girl to use the art materials on hand to make one part of a bald eagle. Describe what parts are needed (i.e. wings, legs, feet, head, etc.) if they need assistance. If there are more Daisies than eagle parts, they can pair up or make two eagles. For additional tips for this activity, see page 30 of the adult guide.</p> <p>Option 2: Story Time</p> <p>Introduce the journey’s Flower Garden story by reading the short introduction on page 5 of the girls’ book. When you finish, spark the girls’ thinking by asking a few questions, like these:</p> <ul style="list-style-type: none"> • <i>What animals have you seen near where you live?</i> • <i>Have you ever cared for animals in your yard or neighborhood? For example, have you ever put out a bird feeder or a birdbath?</i> <p>(For additional discussion questions, see page 31 of the adult guide)</p> <p>Option 3: Building a Team Birdbath</p> <p>If the girls will make their Team Birdbath out of papier mâché, invite the girls to an area where you’ve set up the materials. Let the Daisies know that the shallow bowl (or other object) you have set out will become the birdbath, but that first they are going to cover it with papier mâché and then decorate it. (Instead of papier mâché, you may also use found or recycled materials for the birdbath). For step-by-step instructions on decorating the birdbaths, see pages 32-33 of the adult guide.</p>
<p>Snack (optional):</p>	<p>You may provide your own snack, or make “Ants on a Log” (recipe on page 31 of the adult guide).</p>

Clean-up:	Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it! Encourage girls for a job well done cleaning up!
Closing:	Gather the girls around the large version of the Girl Scout Promise that you've prepared. Make the Girl Scout sign and read the Promise together. Form a circle and join hands for the Friendship squeeze. Encourage them to enjoy their book with their families at home, and mention anything you would like them to know about what they can expect at the next meeting.



Girl Scout Daisy Sample Meeting 2 (60 minutes)

Goal: Girls explore the many ways that caring for animals is like caring for themselves.

- Supplies needed:**
- *5 Flowers, 4 Stories, 3 Cheers for Animals!* Journey adult guide and girl books
 - Paper, markers, crayons, glue, craft materials
 - Girl Scout Law printed on large sheet of paper
 - Pictures of lions (one for each girl)
 - Daisy flower friend/Girl Scout Law poster (provided in the book or downloaded from the website)
 - Team animal mural
 - Supplies for Animals Safe and Sound activity (optional), see page 36 of the adult guide
 - Supplies for All About Me Nests activity (optional), see page 41 of the adult guide
 - Snack (see page 40 of the adult guide for healthy suggestions)

<p>Pre-meeting Set-up:</p>	<ul style="list-style-type: none"> • Familiarize yourself with “The First Stories” chapter of the girls’ book (pages 7-13) • Display the Team Animal Mural and the Girl Scout Law • If you will be participating in the Animals Safe and Sound activity, make sure the guest speaker is prepared to create the “Animals Safe and Sound” chart with the girls.
<p>Arrival Activity:</p>	<p>As girls arrive, invite each one to use the art materials on hand to make a picture of herself doing something that shows how she takes care of herself (brushing teeth, combing hair, etc.)</p>
<p>Opening (Start-up):</p>	<p>Gather the girls in a Daisy Circle and welcome them to today’s session. Introduce them to the flower friends by showing them the flower friend/Girl Scout Law poster. Explain that each flower symbolizes one part of the Girl Scout Law (refer to page 37, adult guide).</p> <p>Show the girls a picture of a lion, such as the one on page 37, and share some of the fun facts given on pages 37-38. Invite girls to choose a picture of a lion from the stack, and allow them to place their pictures collage-style on their Team Animal Mural.</p>
<p>Daisy Girl Scout Circle:</p>	<p>Sharing: Invite the girls to share what they know about lions. Encourage them to describe a time they saw a lion in a zoo, on TV, in a movie, or in another place.</p>

<p>Program Activity:</p>	<p>Option 1: Story Time</p> <p>Sitting in the Daisy Circle, introduce the story “A Purr-fect Surprise in the Garden,” found on pages 6-13 of the girls’ book. Read the story, and get a discussion going using the suggestions found on page 38 of the adult guide. At the end of the discussion, the girls might have fun meowing like a cat or acting out parts of the story.</p> <p>Option 2: Animals Safe and Sound (with Guest Speaker)</p> <p>In this activity, an animal expert is invited to share with the girls what her job is like and any interesting information about animal care and animal safety. When the expert has finished speaking, bring out the chart paper so that she and the girls can create an “Animal Safe and Sound” chart (for instructions and example, see pages 39-40 of the adult guide).</p> <p>Option 3: All About Me Nests</p> <p>Introduce the activity by explaining that the girls will be making a nest to hold all the things they know and learn along this journey that represent how they care for themselves. The girls will start their nests now and continue decorating them the next time they get together. For step-by-step instructions and photo of a finished nest, see page 41 of the adult guide.</p>
<p>Snack (optional):</p>	<p>You may provide a healthy snack for the girls. See “Eat Like a Rabbit” on page 40 of the adult guide for a fun and healthy snack idea using fresh vegetables.</p>
<p>Clean-up:</p>	<p>Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it! Encourage girls for a job well done cleaning up!</p>
<p>Closing:</p>	<p>Gather the girls in a Daisy Circle and ask them to take turns naming one thing they learned about how to care for animals. In preparation for the next meeting, ask each girl to bring a photo or picture that represents one way she cares for herself (for example, a picture of a hair brush, or bicycle, or her favorite healthy snack). End the ceremony with a friendship squeeze.</p>



Girl Scout Daisy Sample Meeting 3 (60 minutes)

Goal: The girls use their imagination and problem-solving skills as they continue to explore how the needs of animals are similar to their own.

- Supplies needed:**
- 5 Flowers, 4 Stories, 3 Cheers for Animals! Journey adult guide and girl books
 - Arrival activity: art and decorating materials, paper, pencil
 - Opening ceremony: picture of red robin, construction paper, markers, crayons, glue, assorted craft materials, Team Animal Mural
 - Spin-a-Tale activity: recording device
 - Fly, Fly Away activity: strips of colored crepe paper, music, and CD player
 - Role-Play activity: paper, markers, crayons, Team Birdbath
 - Snack: Incredible, Edible Nests, page 75 of girls' book

<p>Pre-meeting Set-up:</p>	<ul style="list-style-type: none"> • Make streamers for the Fly, Fly Away activity by cutting crepe paper into arm's length strips. Have the music and CD player ready. • Make a sample of the Incredible, Edible Nests snack; assemble ingredients
<p>Arrival Activity:</p>	<p>Invite the girls to add their photo or drawing of how they take care of themselves to their All About Me Nests. If they have not brought anything, invite them to use the available art supplies to create something.</p>
<p>Opening (Start-up):</p>	<p>Gather the girls in a Daisy Circle. Introduce the red robin and show them the picture on page 45 of the adult guide. Share the fun facts given on page 45. Invite the girls to create a symbol of one thing the robin eats and add it to the Team Animal Mural.</p>
<p>Daisy Girl Scout Circle:</p>	<p>Sharing: Remind the girls that people need things, just as animals do. Go around the circle and ask each girl to suggest a need people have. For example, you can open with, "I need water to live. What do you need to live?"</p>

<p>Program Activity:</p>	<p>Option 1: Story Time</p> <p>Read “The First Stories” chapter of the girls’ book, and encourage girls to discuss what makes them special. See page 46 of the adult guide for suggested discussion prompts.</p> <p>Option 2: Spin-a-Tale</p> <p>Invite the girls to sit in a circle. The girls will create their own “Pourquoi” tale, which is a tale about how an animal go to be the way it is (for example, “How the Leopard lost Its Spots” or “Why Mosquitos Buzz in People’s Ears.” Start a story about an animal and allow each girl to add a new part until they have gone all the way around the circle and made up their own “Porquoi” tale. If you are able, record the story as the girls make it up so you can make copies on CD or audio file for each girl.</p> <p>Option 3: Fly, Fly Away</p> <p>In this activity, girls will “fly” like Robin using wings made out of streamers. Show girls how to use their streamers as wings using the descriptions on page 47 of the adult guide, then turn on the music and allow them to “fly” by dancing, skipping, running, etc. See page 47 for suggestions to add variety to the activity.</p> <p>Option 4: Role-Play: Choices, Choices</p> <p>Ask the girls to pair up for some role-play about making decisions. Read them the scenarios found on page 48 of the adult guide, and give each pair some time to decide what they would do. When they are ready, have each pair present their solutions to the group using role-play. When the presentations are finished, guide the Daisies to draw pictures and write captions under them to describe how their decision to help or not help made them feel, and put them in the Team Birdbath. For a template, see page 49 of the adult guide.</p>
<p>Snack (optional):</p>	<p>You may provide a healthy snack, or create Incredible, Edible, Nests, found on page 75 of the girls’ book.</p>
<p>Clean-up:</p>	<p>Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it! Encourage girls for a job well done cleaning up!</p>
<p>Closing:</p>	<p>Gather the girls in a Daisy Circle and invite each girl to take one paper or drawing out of the Team Birdbath and say what animal-care idea it represents. Let the girls know that at the next meeting, they’ll earn their Birdbath Award, which symbolizes that they know how to care for animals and for themselves.</p>



Girl Scout Daisy Sample Meeting 4 (60 minutes)

Goal: Girls begin to explore how animals, like people, are unique, including in the ways they communicate and move.

- Supplies needed:**
- 5 Flowers, 4 Stories, 3 Cheers for Animals! Journey adult guide and girl books
 - Opening: Picture of a cheetah (page 51), markers, crayons, glue, assorted craft materials; Team Animal Mural
 - Birdbath Awards (one for each girl)
 - Flip Book activity: Construction paper or thin cardboard, three-ring binder, animal pictures cut from magazines, glue sticks, scissors, hole punch
 - Snack: "Apple Ladybugs," page 74 in girls' book
 - Closing: the robin the girls have made or a picture of a robin; Team Birdbath

Pre-meeting Set-up:	<ul style="list-style-type: none"> • Set out the art supplies for the Fantastical Animals Flip-Book activity. • Prepare apples and other ingredients for "Apple Ladybugs."
Opening (Start-up):	Gather the girls in a Daisy Circle and introduce the cheetah using the picture and fun facts found on page 51 of the adult guide. Invite the girls to create a cheetah for their Team Animal Mural.
Daisy Girl Scout Circle:	<p>Part A – Business: Let the girls know they have earned their Birdbath Award and give each girl her award. Congratulate them on earning their first leadership award on the journey! Urge the girls to continue caring for animals, and to keep adding ideas to their Team Birdbath along the journey.</p> <p>Part B – Sharing: Invite the girls to go around the circle and say one way they can care for animals and one way they can care for themselves.</p>
Program Activity:	<p>Option 1 – Story Time: Continue reading "The First Stories" in the girls' book. Encourage the girls to make up their own story about how their Girl Scout Daisy tunics came to be the color blue. Use the discussion prompts on page 53 of the adult guide.</p> <p>Option 2 – Fantastical Animals Flip Book: In this activity that teaches the value of being unique, the girls will make a flip book of unique animals that they make up! For pictures, step-by-step instructions, and discussion suggestions, see pages 54-55 of the adult guide.</p>

	<p>Option 3 – Busy Squirrels Song and Dance: Teach the girls “The Busy Squirrels Song” found on pages 58-59 of the adult guide. For suggestions on how to use girl-input and discussions to enhance this activity, see page 56 of the adult guide.</p>
<p>Snack (optional):</p>	<p>You can provide your own healthy snack, or the girls can create Apple Ladybugs according to the recipe on page 74 of the girls’ book.</p>
<p>Clean-up:</p>	<p>Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it! Encourage girls for a job well done cleaning up!</p>
<p>Closing:</p>	<p>Bring out the papier mâché robin the girls created and gather the girls around the Team Birdbath. Place the robin into the Birdbath ceremoniously to symbolize the girls’ readiness to move forward towards their next leadership award, the Red Robin Award.</p>

