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## Daisy: Between Earth & Sky Sample Meeting 1 (60 minutes)

**Goal:** To get to know one another, learn basic Girl Scout values, and dive into the Daisy story.

**Supplies needed:**

- *Between Earth and Sky* Journey adult guide and girl book
- Container the girls will use to create their blue bucket
- Cardboard or paper for their luggage tags
- Crayons and/or colored pencils; art supplies
- Girl Scout Promise on large easel paper
- Healthy snack (optional)
- If you are staying inside for the second activity, collect some nature objects.

<b>Pre-meeting Set-up:</b>	Lay out the bucket(s) and art supplies to decorate. If you are staying inside for the second activity, spread the natural objects around your meeting space.
<b>Arrival Activity:</b>	Throughout the Journey, the girls will be reflecting on what they are doing, what they are learning, and how they feel about it all. As an arrival activity, have the girls decorate their very own Blue Bucket where they can store all of their thoughts as they travel on the Journey and look back at them at the end of the year. Each girl can create her own bucket, or they can create one for the whole group. If they have their own books, you can ask the girls to look through them before the meeting starts.
<b>Opening (Start-up):</b>	Start the meeting by gathering all girls in a circle—this is also called a Daisy Circle. The Daisy Circle symbolizes the opening of each meeting and the girls will understand that business is discussed. If your group is new to Girl Scouting, begin by introducing yourself and have co-leaders/troop committee members introduce themselves.

<p><b>Daisy Girl Scout Circle:</b></p>	<p><b>Part A – Business:</b> Once opening is complete, have girls sit down in their Daisy Circle. This is a great time to introduce the girls to the <i>Between Earth and Sky</i> Journey. You can let them know that in the story they will be going on a trip across the country learning lots of new things with the flower friends. The story is called “A Road Trip to Remember,” and one of the things they’ll learn is how to say “Have a great trip” in many languages. Let the girls know that they are going to make luggage tags that they can decorate with the phrase “have a good trip” in all the languages they learn.</p> <p><b>Part B – Sharing:</b> Ask each girl to say her name and how she feels today. Give an example, such as, “Hi, my name is Katie and I feel excited today.” If your group already knows one another, go around the circle and ask each girl to say how she has been feeling since the group last got together.</p>
<p><b>Program Activity:</b></p>	<p><b>Option 1:</b> Introduce the Journey, <i>Between Earth and Sky</i>, to the girls by reading the short introduction on page 5 of the girl book. Let them know they will be traveling through a story and that the story is make believe so they won’t need any suitcases at all; they just need to listen closely and enjoy everything that happens to the flowers on their trip. They will also get to enjoy all that is <i>Between Earth and Sky</i> by going outdoors, just like the flower friends! Now is also a great time to start a discussion about what traveling the girls have done and where else they would like to go. Please see page 45 of the adult guide for some suggested questions.</p> <p><b>Option 2:</b> Now, let the girls “take a walk.” You can do this activity outdoors or inside, depending on your meeting space. In this activity, the girls are going to collect one natural item. The only catch is they must all collect the same type of item. So, the girls are going to have to make a group decision about what to collect. Once they make their choice, give them five or ten minutes to go outside (or look around the meeting space) to collect their item. Once they return, have them sketch their item using crayons and paper. When the sketches are done, have them sit in a circle with their sketches in front of them and their objects in the center of the circle. Now, ask them to try to match the sketch to the real thing! For some discussion questions and more detailed directions for this activity, please see page 47 of the adult guide.</p>
<p><b>Snack (optional):</b></p>	<p>You may ask for help from each parent to rotate bringing the snacks, you may bring the snack for all girls, or you may leave it up to the girls to bring in their own snacks.</p>
<p><b>Clean-up:</b></p>	<p>Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it! Encourage girls for a job well done cleaning up.</p>
<p><b>Closing:</b></p>	<p>Close the meeting by bringing the girls back into their Daisy circle. Invite them to go around the circle and say how they’re feeling after this first session, write it on a piece of paper and put it in the Blue Bucket they decorated earlier. Once everyone has spoken, have the girls stand up and to end their time together with a Friendship Circle and a friendship squeeze, a long standing tradition in Girl Scouting.</p>



## Daisy: Between Earth & Sky Sample Meeting 2 (60 minutes)

**Goal:** Girls continue to explore what makes them unique as they start to consider the feelings of their sister Daisies and expand their knowledge of shapes in nature.

- Supplies needed:**
- *Between Earth and Sky* Journey adult guide and girl book
  - The girls' Blue Bucket
  - Crayons and/or colored pencils; art supplies
  - Healthy snack (optional)
  - Recyclables for the second activity

<b>Pre-meeting Set-up:</b>	Organize your recyclables for the second activity and make sure that the girls' luggage tags are ready.
<b>Arrival Activity:</b>	As the girls arrive, ask them to do the activities on pages 20 and 21 of their book.
<b>Opening (Start-up):</b>	<p>Start the meeting by gathering all girls in a Daisy Circle. Have the girls say the Girl Scout Promise while making the Girl Scout Sign. This is a great opportunity to introduce the Rededication or Investiture ceremony. Explain that what the girls just did is called a ceremony and in a few meetings they are going to have another ceremony that they get to plan. Ask for a few ideas about what they would like to do and let them know that we will do more planning later.</p> <p><i>Tip: If your group is a mix of new and returning Daisies, ask the returning girls to teach the new girls the Promise and what it means.</i></p>
<b>Daisy Girl Scout Circle:</b>	<p><b>Part A – Business:</b> Still sitting in the Daisy circle, take care of any unfinished business like collecting dues if your troop chooses to.</p> <p><b>Part B – Sharing:</b> This is also a great time to let the girls know that they have a very special job today. It is their job to pay close attention to the way the girl on her right feels throughout the meeting. Does she feel happy? Sad? Tired? At the end of the meeting, each girl will say how she thought the other girl was feeling, and the other girl will tell her if she was right!</p>

<p><b>Program Activity:</b></p>	<p><b>Option 1:</b> Today is the day to dip into the flower friends' story! The first chapter of the story, "Lupe's Powder-Blue Pedal-Power Car" starts on page 6 of the girls' book. Today, you are only going to read half of the story; stop at page 12 when Lupe says "I'm getting ready for a road trip." You can read the whole story or assign some helpers. Once you are done, turn back to pages 10 and 11 to show the girls Lupe's car. Then, you can get a discussion going about all of its special features by asking some of the suggested questions on page 52 of the adult guide.</p> <p><b>Option 2:</b> Seeing Lupe's creative flower car might get the girls thinking about creating their own cars. For this activity, the girls can spend some time drawing their own car creations. Then, with some recycled materials, they can make their drawings come to life.</p>
<p><b>Snack (optional):</b></p>	<p>You may ask for help from each parent to rotate bringing the snacks, you may bring the snack for all girls, or you may leave it up to the girls to bring in their own snacks.</p>
<p><b>Clean-up:</b></p>	<p>Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it! Encourage girls for a job well done cleaning up!</p>
<p><b>Closing:</b></p>	<p>Now is the time to finish the activity you talked about when you discussed business at the beginning of the meeting. Ask the girls to gather in their Daisy circle in the same order they were in for the opening Daisy Circle. Then, go around the circle and ask each girl to say how she thought the girl on her right was feeling today. Have the girls write the feelings on pieces of paper and add them to your Blue Bucket. Finish your meeting with a friendship squeeze and let them know you look forward to seeing them again at the next meeting.</p>



## Daisy: Between Earth & Sky Sample Meeting 3 (60 minutes)

**Goal:** Girls continue to explore what makes them unique as they start to consider the feelings of their sister Daisies and expand their knowledge of shapes in nature.

- Supplies needed:**
- *Between Earth and Sky* Journey adult guide and girl book
  - The girls' Blue Bucket
  - Crayons and/or colored pencils; art supplies
  - Healthy snack (optional)
  - Recyclables for the second activity

<b>Pre-meeting Set-up:</b>	Place your plant and some water on a table where you can easily get to it. Prepare your vegetables or drawings for the snack activity. Organize the girls' luggage tags and art supplies.
<b>Arrival Activity:</b>	As the girls arrive, hand them each an invitation to the Rededication or Investiture ceremony and ask them to decorate them and give to their guests.
<b>Opening (Start-up):</b>	Start the meeting by gathering all girls in their Daisy Circle. Pass out the girls' luggage tags and let them know that today they will be able to continue decorating their tags with "Have a great trip!" in French and Turkish. Teach the girls that "Have a great trip" in both languages is "Bon Voyage!" Now ask the girls to go around in the circle so each girl can say "Bon Voyage" to the girl on her right. Once everyone is done, have everyone say it together. Then, the girls can decorate their luggage tags.
<b>Daisy Girl Scout Circle:</b>	<p><b>Part A – Business:</b> Still sitting in the Daisy circle, take care of any unfinished business like collecting dues if your troop chooses to.</p> <p><b>Part B – Sharing:</b> Here you can also let the girls know that, just like last time, they have another special job to do during this meeting. This time, they are all going to pay attention to what they and their sister Daisies say and do. They should try to find someone who is feeling the same way they are and someone who might be feeling differently. At the end of the meeting, the girls will share what they noticed.</p>

<p><b>Program Activity:</b></p>	<p><b>Option 1:</b> Today you are going to finish the first chapter of the flower friends' story! Ask a few of the girls to remind everyone what happened and then begin the story where you left off on page 12. When you are done reading, you can get a discussion going with some of the suggested questions on page 58 of the adult guide.</p> <p><b>Option 2:</b> For this activity, the girls are going to see a plant "drinking." Review the girls' arrival activity (page 9 from their book) with them; go over all the parts of the plant and see if any of the girls can guess how a plant grows. If they don't guess, let them know that one way a plant grows is by "drinking" water from its roots and point out the roots on the picture. Now, have the girls look at the plant you brought in. What do they notice? Is it droopy or limp? Once they make their observations, you can have the girls take turns watering the plant just a little, or you can do it yourself. The plant might not perk up immediately. If it doesn't, go on to the next activity and come back later to take a look.</p> <p><b>Option 3:</b> Have the girls brainstorm a little more about their ceremony. With help from you, have the girls finalize their plans and practice (if time allows).</p>
<p><b>Snack (optional):</b></p>	<p>You may ask for help from each parent to rotate bringing the snacks, you may bring the snack for all girls, or you may leave it up to the girls to bring in their own snacks.</p>
<p><b>Clean-up:</b></p>	<p>Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it! Encourage girls for a job well done cleaning up!</p>
<p><b>Closing:</b></p>	<p>Ask the girls to gather together in their Daisy circle and finish the activity you introduced in the business section of the meeting: have them tell one another what feelings they noticed. Get good discussions going about the fact that different feelings are ok. For some suggestions, please see pages 59 and 60 of your adult guide. Now let the girls know that they only have one more activity to do before they earn their first Journey award, the Blue Bucket Award. To earn the award, each girl has to go around and say what she thinks is the most important thing she has learned so far; you can write it down and put it in the group's blue bucket. To finish the meeting, you can award each girl her award. Let them know that this award represents their learning some good thinking and discussion skills and their commitment to teach them to others.</p>



## Daisy: Between Earth & Sky Sample Meeting 4 (60 minutes)

**Goal:** The girls explore living the Girl Scout Law through favorite flower friends and expand their knowledge of seeds and how they travel as a step to understanding how vegetation can vary around the world.

- Supplies needed:**
- *Between Earth and Sky* Journey adult guide and girl book
  - The girls' Blue Bucket
  - The girls' luggage tags
  - Paper for the arrival activity
  - Crayons and/or colored pencils; art supplies
  - Seeds, a clear container and a fan for the activity

<b>Pre-meeting Set-up:</b>	Prepare the art supplies for the opening activity. Lay out the seeds, container and fan for the activity.
<b>Arrival Activity:</b>	As the girls arrive, ask them to sit and draw their favorite place to visit as they wait for the rest of the group to arrive.
<b>Opening (Start-up):</b>	Use this time to have the girls practice what they planned to do during the opening ceremony of their Rededication or Investiture ceremony.
<b>Daisy Girl Scout Circle:</b>	<b>Business:</b> Still sitting in the Daisy circle, take care of any unfinished business like collecting dues if your troop chooses to.
<b>Program Activity:</b>	<p><b>Option 1:</b> Remind the girls that the last time they met they saw what happens when you water a plant and learned all about roots. Ask the girls if anyone can tell you what happened and what roots do. Now let them know that they're going to learn about more plant parts. Show them that some of the foods they eat represent all of the plant parts they learned about in the flower story. During the activity, have the girls match the parts of the plants to the foods that represent them. For example:</p> <p><i>Flowers:</i> broccoli and cauliflower florets  <i>Stems:</i> celery, asparagus, rhubarb  <i>Leaves:</i> lettuce, spinach, cabbage, kale  <i>Roots:</i> carrots, radishes, parsnip, turnips  <i>Seeds:</i> sunflower seeds, green beans</p>

	<p>If you wanted to, this could be an activity that you do during snack time so that the girls can eat all of the plant parts. But, if you don't have time or the space to have bring in the real vegetables, you can use pictures or drawings instead.</p> <p><b>Option 2:</b> Have the girls practice for their ceremony. Remind them that you will have it at the next meeting.</p>
<p><b>Snack (optional):</b></p>	<p>You may ask for help from each parent to rotate bringing the snacks, you may bring the snack for all girls, or you may leave it up to the girls to bring in their own snacks.</p>
<p><b>Clean-up:</b></p>	<p>Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it! Encourage girls for a job well done cleaning up!</p>
<p><b>Closing:</b></p>	<p>To close the meeting, teach the girls another Daisy tradition! Have the girls form a friendship circle and let them know that they are going to learn a new song called "Good Night Daisies." Sing the song once for them to the tune of "Good Night Ladies," and then have the group sing it all together:</p> <p><i>Good night Daisies</i>  <i>Good night Daisies</i>  <i>Good night Daisies</i>  <i>We're sad to see you go.</i></p> <p>In the friendship circle, have the girls do the friendship squeeze and let them know you look forward to seeing them at your next meeting.</p>

