



IT'S YOUR
WORLD—
CHANGE IT!



Girl Scout Daisy Sample Meeting 1 (60 minutes)

Goal: To get to know one another, learn basic Girl Scout values, and dive into the Daisy story.

Supplies needed:

- *Welcome to the Daisy Flower Garden* Journey adult guide and girl book
- Photocopies of pages 8, 10, & 12 in the girls' book
- Crayons and/or colored pencils
- An "It" and "Other" can (2 empty coffee cans)
- Wide craft sticks
- Girl Scout Promise on large easel paper
- Healthy snack (optional)

Pre-meeting Set-up:	Lay out the photocopies and crayons/pencils crayons.
Arrival Activity:	When girls begin to arrive, have them color and decorate the "Color Me" pictures found in the girls' book on pages, 8, 10, & 12. The "Color Me" pictures are of "The Garden Girls"—Chandra, Cora and Campbell, who will help them along their journey. With help from an adult, girls may read more about each Garden Girl below the pictures.
Opening (Start-up): (5 minutes)	Begin by introducing yourself and have co-leaders/troop committee members introduce themselves. This would be a good time to introduce the Girl Scout Quiet Sign, which is done by raising your right hand above your head. The Quiet Sign is a signal to the girls to raise their hands and begin to get quiet, because something important is coming. Once completed, introduce the Girl Scout Promise (see page 37 of the adult guide for the Promise and explanation). It would be great to have this written on a large sheet of easel paper for the girls to see while repeating the Promise after you.

<p>Daisy Girl Scout Circle: (15 minutes)</p>	<p>Part A – Business: Gather all girls in a circle—this is also called a Daisy Circle. The Daisy Circle symbolizes the opening of each meeting and the girls will understand that business is discussed. Before sitting down for troop business, teach the girls the 1-2-3 Hello game. You and the girls join hands in a circle and say “1-2-3” while walking towards the center. As you walk toward the center, say “Hello Daisy Girl Scouts!” Walk back and repeat 2 times, with enthusiasm. Instead of 1-2-3 hello, you may teach and sing or say Sandy’s Song for Girl Scout Daisies, page 5 of the girls’ book or page 75 of the adult book. Once opening is complete, have girls sit down in their Daisy Circle. Use page 6 of the girls’ book and/or pages 24 and 25 of the adult guide to introduce the girls to Juliette Low, the first Girl Scout Daisy. Pages 24 and 25 of the adult guide also contain more Girl Scout history and traditions that can be worked into any of the sample meetings.</p> <p>Part B – Sharing: Ask the girls to say their names and share one thing about themselves they want all the girls to know. Give them an example: “Hi, my name is Amy and I like to sing.”</p>
<p>Program Activity: (20 minutes)</p>	<p>Option 1: Introduce the Journey, <i>Welcome to the Daisy Flower Garden</i>, to the girls. Let them know they are going on a wonderful journey and will learn all about Girl Scouting along the way with the help of 3 friends—“The Garden Girls.” Ask each girl to share the picture she colored during the arrival activity. Ask the girls, “Look at the pictures. What can we tell about them? For example, look at Cora. She likes music.” Ask them, “who likes music in our Girl Scout troop?” See pages 40 and 41 of the adult guide for further questions to ask the girls. Once every girl has had a turn to share, read Chapter 1, pages 17-19 of the girls’ book to the girls.</p> <p>Option 2: Let the girls get creative and decorate “It” and “Other” cans. Give each girl a wide craft stick to decorate and help her put her name on it. Have two cans the girls can help decorate. When a “helper” is needed, a stick is drawn from the “It” can, and after the task is finished, the stick goes in the “Other” can.</p>
<p>Snack (optional): (10 minutes)</p>	<p>You may bring a snack for all girls, or ask for help from each parent to rotate bringing the snacks. You may also leave it up to each girl to bring in her own snack.</p>
<p>Clean-up: (5 minutes)</p>	<p>Have all girls participate in cleaning up. Remember, Girl Scouts leave their space cleaner than how they found it! Encourage girls for a job well done cleaning up!</p>
<p>Closing: (5 minutes)</p>	<p>Close the meeting with the Friendship Circle, a long standing tradition in Girl Scouting. Please reference page 45 in the adult guide for more information on how a Friendship Circle is done.</p>



Girl Scout Daisy Sample Meeting 2

(60 minutes)

Goal: Girls begin to plant their mini garden while developing their ability to see that throughout the world, people and plants have unique identities.

Supplies needed:

- *Welcome to the Daisy Flower Garden* Journey adult guide and girl book
- Basil seeds, seeds for leaf lettuce, or citrus seeds
- Gardening container for each pair of girls
- Lightweight watering can for each pair of girls
- 2 sheets of easel paper with the Girl Scout Promise and The Law
- "All About Me," page 9 in girls' book or photocopies
- Crayons/colored pencils
- Wide craft sticks
- Healthy snack (optional)

<p>Pre-meeting Set-up:</p>	<p>Have the crayons and/or colored pencils ready go before girls arrive.</p>
<p>Arrival Activity:</p>	<p>Have girls draw and fill in the "All About Me" worksheet.</p>
<p>Opening (Start-up): <i>(5 minutes)</i></p>	<p>Welcome the girls and ask them if anyone knows how to say "hello" in another language. Tell them Cora, one of "The Garden Friends," speaks Spanish. Teach the girls to say "<i>hola</i>," and reference page 50 of the adult guide for further information. Have each girl say "<i>hola</i>" to one another, then recite the Girl Scout Promise together. Next, teach the girls the Girl Scout sign and Girl Scout handshake, which is found on page 50 of the adult guide and pages 20-21 of the girl book.</p>
<p>Daisy Girl Scout Circle: <i>(15 minutes)</i></p>	<p>Part A – Business: Gather all the girls into a Daisy Circle, and take care of any unfinished business that may have been left over from the last meeting. Begin talking to the girls about an Investiture ceremony. Explain to the girls what this is and how they will help plan the ceremony. Also let the girls know this is where they will receive their Girl Scout Daisy pin. It might be a nice idea to show the pin to them!</p> <p>Part B – Sharing: Invite the girls to share their "All About Me" pictures. Ask them if they would like to create a poster with all of these pictures on it.</p>

<p>Program Activity: <i>(20 minutes)</i></p>	<p>Option 1: With the help from you and troop committee members, girls will create their own garden. Reference page 42 of the adult guide for complete instructions on how to plant a mini garden. Have each pair of girls decorate a wide craft stick with their names on it as a plant marker so they will know which plant is theirs.</p> <p>Option 2: Play the game “Daisy Circle, Garden Style,” found on page 44 of the adult guide. This is a game where girls will re-enact different creatures found in a garden. Note: Be sensitive to different abilities and make adaptations as needed.</p>
<p>Snack (optional): <i>(10 minutes)</i></p>	<p>Encourage healthy snacks!</p>
<p>Clean-up: <i>(5 minutes)</i></p>	<p>You might want to draw a name from the “It” can and let this girl be the “leader” of the clean-up. At the same time, encourage all of the girls to be part of the clean-up process.</p>
<p>Closing: <i>(5 minutes)</i></p>	<p>In the Girl Scout Daisy Circle, encourage the girls to share their Journey book with family members. Have them look at page 11 and suggest that they have someone help them with this activity. Close the troop meeting with the Friendship Circle.</p>



Girl Scout Daisy Sample Meeting 3 (60 minutes)

Goal: To create initial plans and invitations for the girls' investiture ceremony. An investiture ceremony is where a girl or adult is welcomed into Girl Scouting.

- Supplies needed:**
- *Welcome to the Daisy Flower Garden Journey* adult guide and girl book
 - Copies of "Me and My World" from the girls book on page 13
 - Crayons or slim markers
 - Girl Scout Promise on a big piece of paper
 - Healthy snack (optional)
 - Invitations to the investiture the girls can personalize/decorate
 - Stickers, scrap fabric and ribbon for invitations
 - A Girl Scout Daisy pin

Pre-meeting Set-up:	Set up the arrival activity and organize the supplies for the girls to personalize/decorate the invitations.
Arrival Activity:	Have girls color and fill in the "Me and My World" activity and help if needed.
Opening (Start-up): (5 minutes)	Gather in a Daisy Circle and begin with the 1-2-3 Hello game making sure a girl leads the game. Recite the Promise and discuss any old or future business.
Daisy Girl Scout Circle: (15 minutes)	<p>Part A – Business: Show the girls the Daisy GS pin and ask if they know what a ceremony is. Let them know there will be a ceremony in which they will receive this pin very soon. Give the girls some suggestions on things they might want to include in their ceremony. For example, will there be food? If so, what kind? Will there be decorations or songs like Sandy's Song for Daisies?</p> <p>Part B – Sharing: After giving the girls some feasible choices, have them put in their suggestions and decide as a group on what the ceremony will look like.</p>

<p>Program Activity: <i>(20 minutes)</i></p>	<p>Option 1: Have girls color/decorate their investiture invitations.</p> <p>Option 2: Have plant buddies water their plants together and check the progress of the plant. Meet back in a Daisy Circle to discuss the changes with the plants.</p> <p>Option 3: If it is nice outside, try the Outdoor Sights game found on page 46 of the adult guide. If you cannot go outside, play Daisy to Daisy or another fun, interactive game to release some energy.</p>
<p>Snack (optional): <i>(10 minutes)</i></p>	<p>Encourage healthy snacks! Check with the girls to determine if they want to continue to having their snack at the end of their meeting or at the beginning.</p>
<p>Clean-up: <i>(5 minutes)</i></p>	<p>Encourage all of the girls to participate and leave the room cleaner than how they found it.</p>
<p>Closing: <i>(5 minutes)</i></p>	<p>Form a Friendship Circle. Try singing together “Good night Daisies” to the tune of “Good Night Ladies”:</p> <p><i>Good night Daisies.</i> <i>Good night Daisies.</i> <i>Good night Daisies.</i> <i>We’re sad to see you go.</i></p> <p>Do the Friendship squeeze and tell them you will see them next meeting.</p>



Girl Scout Daisy Sample Meeting 4 (60 minutes)

Goal: Girls will discover how Girl Scout values are part of their daily lives and how to do a basic flag ceremony.

- Supplies needed:**
- *Welcome to the Daisy Flower Garden* Journey adult guide and girl book
 - A small Girl Scout and/or American flag
 - Large piece of paper and markers and crayons
 - Healthy snack (optional)

Pre-meeting Set-up:	On a large space lay out the paper, markers and crayons.
Arrival Activity:	Have the girls decorate a "Welcome" poster for their parents for their investiture the following meeting. Girls can put anything they like on this welcome poster including their name, what they like about Girl Scouts, or what they have learned over the past 4 meetings.
Opening (Start-up): (5 minutes)	Form a Daisy Circle and draw a name out of the "It" can. This girl will hold the flag so everyone can see the flag. If you have more than one flag, pull another name for the "It" can. Demonstrate to the girls how stand with one hand over the heart. Recite the Pledge of Allegiance, which the girls may or may not know. If they do not know the Pledge of Allegiance, teach it to them. It might be handy to have the words written on a large piece of easel paper so the girls can see the words. Practice the Pledge of Allegiance a few times. Have the girls recite the Promise while doing the Girl Scout sign. You and your troop have now completed a basic flag ceremony.
Daisy Girl Scout Circle: (15 minutes)	Business: Have the girls practice their Investiture opening. The Investiture opening may include a flag ceremony, the Girl Scout Promise and sign, or Girl Scout song. Whatever the girls agreed upon in the last meeting should be included in their investiture opening.
Program Activity: (20 minutes)	<p>Option 1: Have plant buddies water their plant together and check the progress of the plant.</p> <p>Option 2: Have the girls sit in a Daisy Circle and read the next chapter in the <i>Amazing Daisy Story</i>, pages 23-30 of the girl book. Then try the questions on page 52 of the adult guide.</p> <p>Option 3: Have girls play the Garden Scamper game found on page 53 of the adult guide. If it is nice outside, take the girls outside to play the game.</p>

Snack (optional): <i>(10 minutes)</i>	Encourage healthy treats.
Clean-up: <i>(5 minutes)</i>	Have all girls participate in cleaning up and remind them that Daisies leave a place cleaner than they found it.
Closing: <i>(5 minutes)</i>	Form a Daisy circle and draw a name out of the "It" can. Let that girl decide how she would like to close the meeting. Remind the girls that they will have their Investiture Ceremony at the next meeting.

